

INSTRUCTIONS

1. INTRO (CA. 5 MIN)

A question that helps you to tune into the subject of the lunch. Have a round so everyone can answer.

2. BIBLE (CA. 20 MIN)

Read the text out loud once and give everyone time to read for themselves. Use the questions from these three categories to make a conversation.



See: What does the text say?



Think: What does the author want to tell their readers? How would the first readers understand this?



Live: What does the text mean to us today?

3. PRAY (CA. 5 MIN)

Remember that we are different. Some are used to pray out loud, others like to pray in quietness. At the same time this group is a good arena to try out new things. When you pray the prayer of the gathering you can also pray for each other and co-students.

CHALLENGE (CA. 2 MIN)

The challenge of the week is not an exam, but a voluntary practice. Try it out and see what happens!

INTRODUCTION

WHAT

A conversation guide that brings the faith conversation right into daily life.

WHO

Students in the midst of reality.

VISION

A faith that is embodied in life.



2-5 people



30 minutes



6-10 lunches

Find more lagslunches and register your group at nkss.no/lagslunsj

LAGSLUNCH



CONNECTED

We belong to the "maybe attending" generation and like to manage on our own. But in the Bible we learn that we are created for faithfulness and fellowship and that we must connect in order to love God and people. In this lagslunch we strive more towards this.



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1. GET TO KNOW EACH OTHER

We are in the process! At this gathering we will become better acquainted with each other and the lagslunch concept.

Intro: Let everyone in the group answer the questions: Who are you, and what motivated you to join?

Bible: Read John 1.35-39.

SEE What characterizes the way Jesus meets the two?

THINK What would it be like to have Jesus come home to you one day? What would you do? What would you talk about?

LIVE How can the group become a good place where we can meet with both Jesus and each other?

Pray: Pray for us to be a good community, where we become good friends and grow in faith in Jesus. Feel free to share other prayer topics.

Decide if you want to move on to the next gathering. When and where is it best to meet?

2. CONNECTED TO JESUS

The center of Christian faith is Jesus Christ.

Today we will take a closer look at our relationship with him.

Intro: What is it like spending time with Jesus today? Is it easy or difficult? Exciting or boring?

Bible: Read John 15.1-8.

SEE Jesus urges us to: "Stay in Me, ". What positive consequences does he say it will have?

THINK What does it mean for you and your fellow students to gather for prayer, Bible, and conversation?

LIVE In what practical ways can we "stay in Jesus" every day?

Pray: Pray that each of us will have encounters with Jesus in the time to come, both together and by ourselves.

It's easier to talk together in the group if you get to know each other better. Schedule an evening where you just hang out together and have fun!

3. CONNECTED TO THE STUDY PLACE

God loves good relationships! He rejoices when we prioritize friendship with those we study with.

Intro: What is it like to be part of the environment at your school or university? What do you miss the most if you don't spend time with fellow students?

Bible: Read Luke 5.29-32 and John 17.15-18.

SEE What do you notice in these two texts? How do they touch you?

THINK What does it mean to be in the world, but not of the world? How is Jesus a role model for us in this?

LIVE What can we do to prioritize good relationships with those we study with?

Pray: Pray for good friendships with your fellow students. Feel free to share other prayer topics.

Take the initiative to come up with a social activity you can do with someone in your study group this week.

4. CONNECTED TO EACH OTHER

How can we be a community inspired by the love of Jesus?

Intro: Tell others about a good community you've been to, whether it's a group of friends, your family, a sports club, a church or something else.

Bible: Read John 13.34-35 and 1. John 3.16-18.

SEE What does Jesus say should be the character of a disciple?

THINK John encourages us to act like Jesus by giving our lives to our siblings. What does that mean?

LIVE How can we be good to each other? Share what makes you feel loved and appreciated.

Pray: Pray that Jesus will enable us to love one another perfectly in our daily lives.

Think of a specific good deed you can do for someone in the group in the coming week.

5. CONNECTED TO THE WORD

At all the gatherings, we spend time reading the Bible. Today we look at what the Bible means for us.

Intro: Is there one verse in the Bible that has had a special impact on your life? In what way?

Bible: Read 2. Tim. 3.15-17, Rom. 10.17, John 8.31-32

SEE From these texts, how can God's word work in people?

THINK Do the descriptions in the Bible verses match your experience of using the Bible?

LIVE Do you have experiences with good ways to use the Bible in everyday life?

Pray: Pray that God's Word must be placed in our hearts so that we may grow in faith and good works.

Check out the YouTube channel "The Bible Project". They have great, animated videos that explain books and themes throughout the Bible.

6. CONNECTED TO GOD'S LOVE

God is love. But we need each other to fully understand and experience that love.

Intro: How have the recent discussions impacted your relationship with God? Have you learned anything new in this community?

Bible: Read Eph. 3.16-20.

SEE What does Paul ask God to grant the Christians (ie, "the saints") in Ephesus? Do they get it alone or together? (see v. 18)

THINK Why Do We Need Each Other to Understand God's Love?

LIVE What specifically do you want to discover more about in your life with God?

Pray: Pray that together we will see more of who God is and how much love He has for us and the fellowship.

Are you in a church fellowship where you get to discover Jesus together with others? If not, ask someone in the group if you can join them!

7. CONNECTED TO GOOD NEWS

Today we will see how Jesus' life, death, and resurrection are good news for us.

Intro: What is the difference between good news and good advice? Give examples.

Bible: Read John 3.16; Col. 1.19-22; Eph. 2.8-9.

SEE What strikes you as you read this?

THINK Do these texts give us good advice or good news? Explain.

LIVE How does it feel to read the texts about Jesus' death on the cross? Does it worry you, or does it comfort you?

Pray: Thank God for sending his son to atone for our sins. Thank Him for giving us salvation, grace, and eternal life with Him.

Try to explain the gospel in your own words. For example, start with: "The good news is ..."

8. CONNECT OTHERS

Jesus wants to invite all people into friendship with themselves.

Intro: Think about someone you spend a lot of time with, who is not a Christian. Do you think he or she would be interested in hearing about Jesus?

Bible: Read John 1. 43-51.

SEE What does Nathanael think about Jesus? How does Philip respond? And what happens when Nathanael himself meets Jesus?

THINK What can this text teach us about sharing our faith with others?

LIVE How can we invite our friends to Jesus? Is it challenging that Jesus is not here physically?

Pray: Pray for opportunities to invite your friends to discover Jesus and hear the gospel.

Choose 1-3 people you study with. Pray for them to see who Jesus is during this semester.